

Meet our team



Sam

Occupational therapist (OT)

How did you get into occupational therapy?

I started my career in a hospital setting as I was concerned about whether I was ready to be working on my own caseload. I've now been working as an OT with the council for three years and am really enjoying it. Yes, I am responsible for my own caseload and yes, sometimes cases can be complex, but I never feel like I'm on my own.

What support is available to you?

The support has been second to none. When I joined, my manager and colleagues got to know about my specialisms and I was eased into my work with cases aligned with my expertise. There's always support when I need it, including opportunities to shadow colleagues.

The issues we come across are extremely diverse and we've built up a wealth of expertise across teams. However, because social workers,

OTs and other support teams are co-located and work so closely together, we know about each others' individual areas of expertise.

What do you like about working here?

There's a real focus on training and development. We're encouraged to seek out opportunities to develop – I'm currently studying towards an MSC in Rehabilitation.

I also like the flexi-scheme which means we're not tied to specific times of working and can organise our personal lives around our work. I'm keen on personal fitness and get involved with the council running group, but there are also yoga sessions, and football and mixed touch rugby teams.

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We're strengthening our adult and children's social care teams,
To find out more visit: www.socialworksouthglos.co.uk