

Get Active Sports Day

After the success of last year's Summer of Sport, Thursday 27th July saw the return of our Annual Sports Day at Ardwick Sports Hall, Manchester. Everyone had a chance to take part in a number of sporting activities including basketball, football, badminton, boules and even hula hooping!

Service users commented on it being a great opportunity for them to take part in a number of different activities.



The day was put together with the help of 'NCS The Challenge'; a programme which helps 15 - 17 year olds build skills for work and life. They ran the activities and helped service users throughout the day and helped with any questions they had. They also gave out medals at the end of the day for the winners of each sport.

Liverpool Floating Support Service Celebrates Liverpool Pride!

On Saturday 29th July, Liverpool Floating Support Service attended the rainbow-tastic festivities and marched along with the fabulous Pride parade!

They had decorated masks to wear too, thanks to the work of service users who attended pre-pride workshops at the Service.

They marched with their service-made creative support banner and gave away lots of stickers and badges to fellow attendees.

Everyone looked fantastic and had a great time at Liverpool Pride!



Bradford Mental Health and Autism Floating Support Services Day Out to Durham

Last month, Matthew, Graham and Stephen visited Durham - a place they had wanted to visit for a long time.

Their support worker Joan Briggs came up with the idea of a joint visit. Most of all they wanted to visit the cathedral. They also looked around the shops and spent time in the café.

They had a lovely day at Durham, fulfilling their wish to see a great city.



Leeds Pride 2017

Our Leeds and Manchester Services got together on Sunday 6th August to take part in Leeds Pride 2017.

Pride events are aimed at promoting dignity and equal rights for the LGBT+ community as well as increasing its visibility as a social group. The entry into the Leeds parade was entitled 'Wings of Freedom', as wings represent freedom and therefore, being able to express who you are. They also reminded the people of Manchester Bee.

The Manchester Breakthrough service specially designed and made costumes for this event based on the 'Wings of Freedom' theme. Thousands of people lined the streets to cheer them on as they took part in the parade.



Brownley Road's Green Fingers

Congratulations to Brownley Road in Wythenshawe who have received a grant of £200 from the Gardening for Disabled trust to help breathe new life into their garden.

The grant will go towards buying new gardening tools, seeds and raised beds. The residents are excited to get their garden growing and resident Matthew can't wait to get stuck in growing his own vegetables.

Brownley Road are looking for someone to fill the role of Volunteer Gardener, so if you want to join in on the fun why not visit the Creative Support website and apply!



North East's, 'Creative Support's Got Talent'

The North East held a 'Creative Support's Got Talent' event this month. Service users from Teesside, Tyneside, Durham and Whitby attended The Malleable Club in Stockton. The event saw people showcase a variety of talents including singing, dancing, hula hooping and poetry reading.



Well done to Anne Marie for winning the contest with her beautiful rendition of 'Over The Rainbow' and thanks to all who took part and supported.

Keep your Achieve Q nominations coming in!

We will be holding our next 'Quality Panel' on the **26th September** to run through all of the entries we have received.

Email: achieveq@creative.support.co.uk to request an application form.

